



# CÔTE

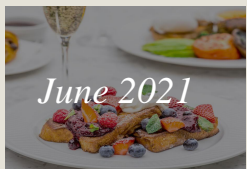
BRASSERIE

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## ALLERGEN INFORMATION

MAY 2021

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# CÔTE BRASSERIE

THIS GUIDE PROVIDES INFORMATION ON ALLERGENS INTENTIONALLY PRESENT IN EACH DISH. THIS WILL BE INDICATED WITH A “YES” FOR EACH OF THE RELEVANT ALLERGEN.

“MAY CONTAIN” ARE INDICATED WITH A “M” FOR EACH OF THE RELEVANT ALLERGEN. THESE ARE ALLERGENS THAT OUR SUPPLIERS HAVE IDENTIFIED AS POTENTIALLY PRESENT IN THE INGREDIENTS THEY SUPPLY US WITH.

WE HANDLE NUMEROUS ALLERGENS IN OUR KITCHENS AND DUE TO THE POTENTIAL FOR CROSS CONTACT, WE CANNOT GUARANTEE THAT OUR FOOD IS FREE FROM ANY ALLERGENS INCLUDING TREE NUTS. WE DO NOT DECLARE EVERY INGREDIENT USED WITHIN A DISH ON THIS MENU, AND RECIPES MAY BE SUBJECT TO CHANGE.

IF YOU HAVE AN ALLERGY, PLEASE LET US KNOW BEFORE ORDERING SO WE CAN PROVIDE YOU WITH AN ALLERGY INFORMATION IN RELATION TO THE 14 LEGALLY DEFINED ALLERGENS.

WHERE SHARED FRYERS ARE USED, SOME DISHES MAY CONTAIN TRACES OF PRODUCTS FROM THESE FRYERS. THESE ARE HIGHLIGHTED WITH THE WORD (FRYER) IN THE RELEVANT CELL.

PLEASE CHECK THE ALLERGEN INFORMATION EVERY TIME YOU VISIT OUR RESTAURANT AS WE MAY HAVE CHANGED THE RECIPE OR THE INGREDIENTS OF ONE OR MORE OF OUR DISHES.

WE ARE ABLE TO MODIFY DISHES TO SUIT YOUR DIETARY REQUIREMENTS. PLEASE SPEAK TO THE MANAGER ON DUTY TO PLACE YOUR ORDER.

WE USE FLOUR AND OTHER INGREDIENTS CONTAINING GLUTEN IN OUR KITCHENS, HOWEVER PROCESSES AND TRAINING ARE IN PLACE TO ENSURE THAT ALL OPTIONS ON THE GLUTEN-FREE MENUS ARE GLUTEN-FREE.



# STARTERS & LIGHT MAINS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Starters</b>														
<i>Fougasse</i>		Wheat		M			Yes							
<i>Bread</i>		Wheat					Yes			M		M		
<i>Mixed olives</i>														
<i>Piquant olives</i>														Yes
<i>Chicken liver parfait</i>		Wheat		Yes			Yes		Yes	M		M		Yes
<i>French onion soup</i>	Yes	Wheat					Yes			M		M		
<i>Prawn gratinée</i>	Yes	Wheat	Yes		Yes		Yes	Yes	M	M		M		Yes
<i>Vegan French onion soup</i>	Yes	Wheat								M		M		
<i>Calamari</i>		Wheat		Yes	(Fryer)		(Fryer)	Yes						Yes
<i>Paté aux cèpes</i>		Wheat, Oats		M						M			M	Yes
<i>Devon crab maison</i>		Wheat	Yes	Yes						M		M		Yes



## LIGHT MAINS, MEAT AND FISH

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Light mains</b>														
Chicken paillard		Wheat					M		Yes	Hazelnut		M		Yes
Salmon ratatouille	Yes				Yes									Yes
Ravioles de chèvre	Yes	Wheat		Yes			Yes			Walnut				Yes
Tuna niçoise				Yes	Yes				Yes					Yes
<b>Meat and fish</b>														
Beef bourguignon	Yes						Yes							Yes
Confit pork belly	Yes						Yes							Yes
Fish Parmentier	Yes		Yes		Yes		Yes	Yes	M					Yes
Lamb loin chops	Yes	Wheat					Yes			M		M		Yes
Roast seabass					Yes		Yes							Yes
Côte burger	Yes	Wheat		Yes			Yes							Yes
Breton fish stew	Yes	Wheat	Yes		Yes		Yes	Yes		M		M		Yes
Vegan burger	Yes	Wheat, Barley, Oats					M		Yes	M	M		Yes	Yes



# MEAT AND FISH

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Grills</b>														
Poulet Breton	Yes						M							M
Rib eye steak	M						M							M
Sirloin steak	M						M							M
Fillet steak	M						M							M
<b>Plats rapides</b>														
Poulet grillé	Yes						Yes							Yes
Moules frites	M						Yes	Yes						Yes
Steak frites	M						Yes							M
Celeriac steak frites	Yes						M							Yes
<b>Sauces</b>														
Garlic butter							Yes							
Hollandaise & Béarnaise sauce				Yes			Yes							Yes
Peppercorn sauce	Yes						Yes							Yes
Provençale sauce	Yes													Yes
Wild mushroom sauce							Yes							Yes
Roquefort butter							Yes							



## SIDE ORDERS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Side orders</b>														
Petit pois		Wheat								M		M		Yes
Tomato salad														Yes
Potato purée							Yes							Yes
Green salad									Yes					Yes
Creamed spinach	M						Yes							
Gratin potato							Yes							
Frites	M						M							M
French beans	Yes						Yes							



# DESSERTS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Desserts</b>														
Chocolate fondant		Wheat		Yes			Yes			M			Yes	
Crème caramel				Yes			Yes							
Strawberry pavlova				Yes			Yes							
Ice creams & sorbets (with wafer)		Wheat, barley		Yes			Yes			M			Yes	
Praline crêpe		Wheat		Yes			Yes			Almond, hazelnut M*			Yes	
Vegan lemon sorbet (no wafer)							M			M				
Tarte fine aux pommes		Wheat		Yes	M		Yes			M	M		M	M
Cheese		Wheat					Yes			Walnuts		M		Yes
Vegan raspberry sorbet (no wafer)							M			M				
Chocolate salted caramel tart		Wheat		M			M			M	M		Yes	
Vegan vanilla ice cream (no wafer)				M			M			M	M		Yes	

*Praline crêpe: M\*: May contain traces of other tree nuts*



# BREAKFAST – PART 1

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Light breakfast</b>														
<b>Croissant</b>		Wheat		Yes			Yes			M			M	
<b>Pain aux raisins</b>		Wheat		Yes			Yes			M			M	
<b>Pain au chocolat</b>		Wheat		Yes			Yes			M			Yes	
<b>Granola bowl</b>		M (wheat)								Almond	M	M	Yes	
<b>Bacon baguette</b>		Wheat					Yes			M		M		
<b>Sausage baguette</b>		Wheat					Yes			M		M		Yes
<b>Croque Monsieur</b>		Wheat, Oats					Yes		Yes				Yes	Yes
<b>Croque Madame</b>		Wheat, Oats		Yes			Yes		Yes				Yes	Yes
<b>Smoked salmon and scrambled eggs</b>		Wheat		Yes	Yes		Yes			M		M		
<b>French toast</b>		Wheat		Yes			Yes			M	M		M	
<b>White toast</b>		Wheat, Oats					Yes						Yes	
<b>Brown toast</b>		Wheat, Barley, Rye					Yes							
<b>Gluten-free toast</b>				Yes			Yes							
<b>Avocado breakfast</b>				Yes										Yes
<b>Vegan breakfast</b>	M	Wheat, Oats, Barley								M	M	M	Yes	





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## BREAKFAST – PART 2

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Cooked breakfast</b>														
Full breakfast (scrambled eggs) – No toast		Wheat		Yes			Yes							Yes
Full breakfast (poached eggs) – No toast		Wheat		Yes			Yes							Yes
Full breakfast (fried eggs) – No toast		Wheat		Yes			Yes							Yes
French breakfast		Wheat		Yes			Yes			M			Yes	
Vegetarian breakfast	M	Wheat		Yes			Yes			M		M		Yes
Eggs Benedict		Wheat		Yes			Yes						Yes	Yes
Eggs Florentine/Avocado		Wheat		Yes			Yes						Yes	Yes
Eggs Royale		Wheat		Yes	Yes		Yes						Yes	Yes
<b>Sides</b>														
Sliced avocado														
Wilted baby spinach														
Roasted tomatoes														
Grilled field mushrooms														
Grilled back bacon														
Cumberland sausage		Wheat												Yes
Boudin noir		Wheat					Yes							Yes



# GLUTEN-FREE BREAKFAST

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Light breakfast</b>														
Full breakfast (scrambled eggs) – no toast				Yes			Yes							Yes
Full breakfast (poached eggs) – no toast				Yes			Yes							Yes
Full breakfast (fried eggs) – no toast				Yes			Yes							Yes
Bacon sandwich				Yes			Yes							
Smoked salmon and scrambled eggs				Yes	Yes		Yes							
Gluten-free toast				Yes			Yes							
Avocado breakfast				Yes										Yes
<b>Sides</b>														
Sliced avocado														
Wilted baby spinach														
Roasted tomatoes														
Grilled field mushrooms														
Grilled back bacon														



# GLUTEN-FREE MENU – PART 1

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Starters</b>														
Mixed olives														
Piquant olives														Yes
Prawn gratinee	Yes		Yes		Yes		Yes	Yes	M					Yes
French onion soup	Yes			Yes			Yes							
Grilled asparagus				Yes			Yes							Yes
Devon crab maison			Yes	Yes										Yes
Chicken liver parfait				Yes			Yes		Yes					Yes
<b>Light mains</b>														
Chicken paillard									Yes	Hazelnut				Yes
Salmon ratatouille	Yes				Yes									Yes
Tuna niçoise				Yes	Yes				Yes					Yes



## GLUTEN-FREE MENU – PART 2

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Meat and fish</b>														
Beef bourguignon	Yes						Yes							Yes
Confit pork belly	Yes						Yes							Yes
Breton fish stew	Yes		Yes	Yes	Yes		Yes	Yes						Yes
Fish Parmentier	Yes		Yes		Yes		Yes	Yes	M					Yes
Roast seabass					Yes		Yes							Yes
Lamb loin chops	Yes						Yes							Yes
<b>Grills</b>														
Breton chicken	Yes						M							M
Rib eye steak	M						M							M
Sirloin steak	M						M							M
Fillet steak	M						M							M
<b>Plats rapides</b>														
Poulet grillé	Yes						Yes							Yes
Moules frites	M						Yes	Yes						Yes
Steak frites	M						Yes							M
Celeriac steak frites	Yes						M							Yes



## GLUTEN-FREE MENU – PART 3

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Sauces</b>														
Garlic butter							Yes							
Hollandaise & Béarnaise sauce				Yes			Yes							Yes
Peppercorn sauce	Yes						Yes							Yes
Provençale sauce	Yes													Yes
Wild mushroom sauce							Yes							Yes
Roquefort butter							Yes							
<b>Desserts</b>														
Crème caramel				Yes			Yes							
Strawberry pavlova				Yes			Yes							
Ice creams & sorbets (no wafer)				Yes			Yes			M			Yes*	
Vegan lemon sorbet (no wafer)							M			M				
Vegan vanilla ice cream (no wafer)				M			M			M	M		Yes	
Chocolate mousse				Yes			Yes						Yes	
Cheese				Yes			Yes			Walnuts				Yes

Gluten-free ice cream: Yes\*: refer to chocolate ice cream only



# PRIX FIXE MENU

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Starters</b>														
Grilled asparagus				Yes			Yes							Yes
Whitebait		Wheat		Yes	Yes		Yes	(Fryer)						Yes
Pork terrine		Wheat		Yes			Yes		Yes	M		M		Yes
Tomato soup	Yes	Wheat								M		M		Yes
<b>Mains</b>														
Chickpea taboulé		Barley, Spelt										Yes	Yes	
Seabass fillet					Yes									
Poulet grillé	Yes						Yes							Yes
Steak frites / 8oz rib-eye	M						Yes							M
<b>Desserts</b>														
Chocolate mousse				Yes			Yes						Yes	
Strawberry pavlova				Yes			Yes							
Tarte au citron		Wheat		Yes			Yes			M			M	
Ice creams & sorbets (with wafer)		Wheat, barley		Yes			Yes			M			Yes	
Vegan sorbet (no wafer)							M			M				
Vegan vanilla ice cream				M			M			M	M		Yes	



## GLUTEN-FREE PRIX FIXE MENU

Menu item	Celery and Celериac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Starters</b>														
Grilled asparagus				Yes			Yes							Yes
Pork terrine	Yes			Yes			Yes		Yes					Yes
Tomato soup	Yes			Yes										Yes
<b>Mains</b>														
Chickpea taboulé												Yes	Yes	
Seabass fillet					Yes									
Poulet grillé	Yes						Yes							Yes
Steak frites / 8oz rib-eye	M						Yes							M
<b>Desserts</b>														
Chocolate mousse				Yes			Yes						Yes	
Strawberry pavlova				Yes			Yes							
Ice creams & sorbets (no wafer)				Yes			Yes			M			Yes*	
Vegan sorbet (no wafer)							M			M				
Vegan vanilla ice cream (no wafer)				M			M			M	M		Yes	

Gluten-free ice cream: Yes\*: refer to chocolate ice cream only



# ENFANTS MENU

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Starters</b>														
<i>Enfant bread</i>		Wheat					Yes			M		M		
<i>Enfant calamari</i>		Wheat		Yes	(Fryer)		(Fryer)	Yes						Yes
<i>Enfant cherry tomato salad</i>														
<b>Mains</b>														
<i>Poulet grillé</i>	Yes						Yes							Yes
<i>Haddock goujons</i>	Yes	Wheat		Yes	Yes		Yes	(Fryer)						M
<i>Croque Monsieur</i>	M	Wheat, Oats					Yes						Yes	M
<i>Linguine with Provençale sauce</i>	Yes	Wheat												Yes
<i>Sausage, mash and French beans</i>	Yes	Wheat					Yes							Yes
<b>Desserts</b>														
<i>Enfant ice-cream (with wafer)</i>		Wheat, barley		Yes			Yes			M			Yes	
<i>Enfant chocolate pot</i>							Yes						Yes	
<i>Enfant French yoghurt</i>							Yes							
<i>Enfants strawberry pavlova</i>				Yes			Yes							





Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Aperitifs</b>														
Kir & Kir Royale														Yes
Noilly Prat														Yes
Pernod														
St-Germain G&T														Yes
Ricard														
<b>Breakfast cocktails</b>														
Mimosa														Yes
Bloody Mary	Yes	Barley			Yes									Yes
<b>Soft drinks</b>														
Fresh orange & cloudy apple														
Cranberry juice														
Pomegranate juice														
Tomato juice														Yes
Virgin Mary	Yes	Barley			Yes									Yes

FOR ALLERGEN INFORMATION ON OUR SPIRITS AND LIQUEURS, PLEASE ENQUIRE WITH YOUR WAITER BEFORE PLACING YOUR ORDER AND THEY CAN SHOW YOU THE BOTTLE.

PLEASE NOTE THAT THE SAME EQUIPMENT IS USED FOR DAIRY AND SOYA MILKS, THEREFORE TRACES OF EACH MAY BE FOUND IN DRINKS CONTAINING STEAMED MILK



Menu item	Egg	Milk	Sulphur Dioxide
<b>Sparkling wines and Champagne</b>			
NV Blanc de Blancs Brut			Yes
NV Brut Crémant de Bourgogne			Yes
NV Brut Rosé, Rivarose			Yes
NV Brut Baron de Marck			Yes
NV Brut Tradition, Gobillard			Yes
NV Taittinger, Brut Reserve			Yes
NV Brut Rosé, Henriot			Yes
NV Bollinger, Special Cuvée			Yes
Vintage, Henriot			Yes
<b>Dessert wines and ports</b>			
Domaine de Barroubio			Yes
Monbazzilac La Sabatière			Yes
Quinta do Crasto			
Taylor's			
<b>Rosé wine</b>			
Cuvée Laborie			Yes
Château Treviac			Yes
Comte de Provence			Yes
NV Sancerre			Yes

Menu item	Egg	Milk	Sulphur Dioxide
<b>Red wine</b>			
La Lande Rouge	Yes		Yes
Syrah			Yes
Pinot Noir			Yes
Fleurie			Yes
Lagarde Rouge			Yes
Merlot			Yes
Bordeaux Rouge	Yes		Yes
St Chinian			Yes
Chinon			Yes
Chorey-Les-Beane			Yes
Château Treviac			Yes
Côtes Du Rhône Rouge			Yes
Mercurey Rouge			Yes
Gevrey Chambertin			Yes
Chateau Des Gravières			Yes
Château Haut Pezat			Yes
Châteauneuf-Du-Pape			Yes
Côte Rôtie			Yes
Château d'Issan			Yes
Château Talbot			Yes

Menu item	Egg	Milk	Sulphur Dioxide
<b>White wine</b>			
Lagarde Blanc			Yes
Château du Poyet			Yes
Sauvignon Blanc La Place			Yes
Picpoul de Pinet			Yes
La Lande Blanc			Yes
Saumur Blanc La Cabriole			Yes
Viognier			Yes
Sauvignon Blanc Bergerac			Yes
Pinot Blanc			Yes
Sancerre			Yes
Pouilly Fume			Yes
Chablis			Yes
Chardonnay			Yes
Pouilly Fuissé			Yes
Meursault			Yes
Chateau de la Maltroye			Yes
Macon-Villages			Yes