



ALLERGEN INFORMATION

AUGUST 2021



INFORMATION



This guide provides information on allergens intentionally present in each dish. This will be indicated with a “Yes” for each of the relevant allergen.

“May contain” are indicated with a “M” for each of the relevant allergen. These are allergens that our suppliers have identified as potentially present in the ingredients they supply us with.

We handle numerous allergens in our kitchens and due to the potential for cross contact, we cannot guarantee that our food is free from any allergens including tree nuts. We do not declare every ingredient used within a dish on this menu, and recipes may be subject to change.

If you have an allergy, please let us know before ordering so we can provide you with an allergy information in relation to the 14 legally defined allergens.

Where shared fryers are used, some dishes may contain traces of products from these fryers. These are highlighted with the word (Fryer) in the relevant cell.

Please check the allergen information every time you visit our restaurant as we may have changed the recipe or the ingredients of one or more of our dishes.

We are able to modify dishes to suit your dietary requirements. Please speak to the Manager on duty to place your order.

We use flour and other ingredients containing gluten in our kitchens, however processes and training are in place to ensure that all options on the Gluten-Free menus are gluten-free.

STARTERS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Hors d'Oeuvres														
Bread		Wheat					Yes			M		M		
Green olives														
Fougasse		Wheat		M			Yes							
Baguette and red pepper pâté		Wheat								M		M		
Charcuteries														
Côte Charcuteries	Yes	Wheat					Yes		Yes	M		M		Yes
Assiette de Crudités	Yes	Wheat							Yes	M		M		Yes
Starters														
Duck liver parfait		Wheat		Yes			Yes		Yes	M		M		Yes
French onion soup	Yes	Wheat					Yes			M		M		Yes
Courgette beignets	M								Yes					
Vegan French onion soup	Yes	Wheat								M		M		Yes
Calamari		Wheat		Yes	(Fryer)		(Fryer)	Yes						Yes
Beet 'tartare'	M	Wheat							Yes	M		M		Yes
Devon crab maison		Wheat	Yes	Yes						M		M		Yes



02/08/21

SALADES AND PLAT PRINCIPAL

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Salade														
<i>Tuna niçoise</i>				Yes	Yes				Yes			Yes		Yes
<i>Chicken taboulé</i>	Yes	Wheat					Yes							Yes
<i>Sea bass taboulé</i>	Yes	Wheat			Yes		Yes							Yes
<i>Celeriac taboulé</i>	Yes	Wheat								M			Yes	Yes
Plat principal														
<i>Sea bass en papillote</i>					Yes			Yes						Yes
<i>Confit pork belly</i>	Yes						Yes							Yes
<i>Tournedos Rossini</i>	Yes	Yes		Yes			Yes		Yes	M		M		Yes
<i>Magret de canard</i>	Yes	M					Yes		M	Pistachio M*				Yes
<i>Aubergine à la ratatouille</i>	Yes	Wheat							M	M		Yes		Yes
<i>Beef cheek Bourguignon</i>	Yes						Yes			M				Yes
<i>Vegan 'quiche Lorraine'</i>	M	Wheat					M		M	M			Yes	Yes
<i>Monkfish à la piperade</i>					Yes		M			M				Yes
<i>Côte burger</i>	Yes	Wheat		Yes			Yes							Yes
<i>Vegan burger</i>	Yes	Wheat, Barley, Oats					M		Yes	M	M		Yes	Yes



02/08/21

GRILL, PLATS RAPIDES, SAUCES

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Grill														
<i>Côte de boeuf</i>	Yes			Yes			Yes							Yes
<i>Breton chicken</i>	Yes						M							M
<i>10oz rib eye</i>	M						M							M
<i>6oz fillet</i>	M						M							M
Plats rapides														
<i>Steak frites</i>	M						Yes							M
<i>Celeriac steak frites</i>	Yes						M							Yes
<i>Poulet grillé</i>	Yes						Yes							Yes
<i>Moules frites</i>	M						Yes	Yes						Yes
Sauces														
<i>Garlic butter</i>							Yes							
<i>Roquefort butter</i>							Yes							
<i>Bearnaise</i>				Yes			Yes							Yes
<i>Peppercorn sauce</i>	Yes						Yes							Yes
<i>Wild mushroom sauce</i>							Yes							Yes



02/08/21

SIDES & ROASTS

<i>Menu item</i>	<i>Celery and Celeriac</i>	<i>Cereals containing gluten</i>	<i>Crustacean</i>	<i>Eggs</i>	<i>Fish</i>	<i>Lupin</i>	<i>Milk</i>	<i>Mollusc</i>	<i>Mustard</i>	<i>Tree nuts</i>	<i>Peanuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Sulphur Dioxide</i>
<i>Sides</i>														
<i>Frites</i>	<i>M</i>						<i>M</i>							<i>M</i>
<i>Green salad</i>									<i>Yes</i>					<i>Yes</i>
<i>Tomato salad</i>														<i>Yes</i>
<i>Petit pois</i>		<i>Wheat</i>								<i>M</i>		<i>M</i>		<i>Yes</i>
<i>Crispy confit potatoes</i>				<i>Yes</i>					<i>Yes</i>					<i>Yes</i>
<i>Pommes Boulangère</i>	<i>Yes</i>													<i>Yes</i>
<i>Creamed spinach</i>	<i>M</i>						<i>Yes</i>							
<i>Green beans almondine</i>	<i>Yes</i>						<i>Yes</i>			<i>Almond</i>				
<i>Sunday roasts</i>														
<i>Roots en croute</i>	<i>Yes</i>	<i>Wheat</i>							<i>Yes</i>	<i>Almond</i>		<i>Yes</i>	<i>Yes</i>	<i>Yes</i>
<i>Roast chicken</i>	<i>Yes</i>	<i>Wheat</i>		<i>Yes</i>			<i>Yes</i>			<i>Almond</i>				
<i>Roast beef</i>	<i>Yes</i>	<i>Wheat</i>		<i>Yes</i>			<i>Yes</i>			<i>Almond</i>				<i>Yes</i>



02/08/21

DESSERTS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide	
<i>Desserts</i>															
<i>Chocolate fondant</i>		Wheat		Yes			Yes			M			Yes		
<i>Tarte aux pommes</i>		Wheat		Yes	M		Yes			M	M		M	M	
<i>Crème caramel</i>				Yes			Yes								
<i>Mess aux fruits rouges</i>				Yes			Yes								
<i>Cheese</i>		Wheat					Yes			Walnut		M		Yes	
<i>Macarons au chocolat</i>	M	Wheat		M			M		M	Almond	M		Yes		
<i>Tarte au chocolat</i>		Wheat		M			M			M	M		Yes		
<i>Vegan sorbet (no wafer)</i>							M			M					
<i>Ice creams (with wafer)</i>		Wheat, barley		Yes			Yes			M			Yes		
<i>Vegan vanilla ice cream (no wafer)</i>				M			M			M	M		Yes		
<i>Vegan crème brûlée</i>	M	Wheat							M	Cashew & Almond M*	M	M	M		
<i>Sorbets (with wafer)</i>		Wheat, barley		Yes			Yes			M			Yes		

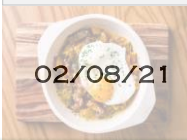


02/08/21

Vegan crème brûlée M: May contain traces of other tree nuts*

BREAKFAST, PART 1

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Côte Breakfasts														
Full breakfast (no toast)		Wheat		Yes			Yes			M			M	Yes
Vegetarian breakfast (no toast)		Wheat		Yes			Yes							Yes
Breakfast rosti				Yes (if added)					M					Yes
Vegan breakfast (no toast)	Yes	Wheat, Barley, Oats											Yes	Yes
Light breakfast														
Croissant		Wheat		Yes			Yes			M			M	
Pain au chocolat		Wheat		Yes			Yes			M			Yes	
Apricot croissant		Wheat		Yes			Yes			M			M	
Granola bowl		M (wheat)								Almond	M	M	Yes	
Oeufs														
Benedict		Wheat		Yes			Yes						Yes	Yes
Royale		Wheat		Yes	Yes		Yes						Yes	Yes
Florentine		Wheat		Yes			Yes						Yes	Yes
Californian		Wheat		Yes			Yes						Yes	Yes
Salmon & Eggs		Wheat		Yes	Yes		Yes			M		M		
Brunch														
Confit duck & French toast		Wheat		Yes			Yes							Yes
Breakfast raclette	Yes			Yes			Yes							Yes



BREAKFAST, PART 2

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
French toasts and baguette														
French toast		Wheat		Yes			Yes			M	M		M	
Sausage baguette		Wheat					Yes			M		M	M	Yes
Bacon baguette		Wheat					Yes			M		M		
Mushroom & Vegetarian sausage baguette		Wheat		Yes			Yes			M		M		
Croques Croissants														
Croque Monsieur		Wheat		Yes			Yes		Yes	M			M	Yes
Croque Madame		Wheat		Yes			Yes		Yes	M			M	Yes
Extras														
Sliced avocado														
Wilted spinach with garlic														
Confit tomatoes														
Grilled field mushrooms														
Grilled back bacon														
Cumberland sausage		Wheat												Yes
Boudin noir		Wheat					Yes							Yes
Potato rosti														Yes
White toast		Wheat, Oats					Yes						Yes	
Brown toast		Wheat, Barley, Rye					Yes							



02/08/21

GLUTEN-FREE MENU – PART 1

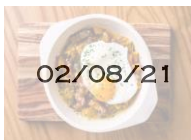
Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Hors d'Oeuvres & Starters														
<i>Green olives</i>														
Charcuteries														
<i>Côte Charcuteries</i>	Yes			Yes			Yes		Yes					Yes
<i>Assiette de Crudités</i>	Yes								Yes					Yes
Starters														
<i>Duck liver parfait</i>				Yes			Yes		Yes					Yes
<i>French onion soup</i>	Yes			Yes			Yes							Yes
<i>Courgette beignets</i>	M								M					
<i>Beet 'tartare'</i>	M			Yes					Yes					Yes
<i>Devon crab maison</i>			Yes	Yes										Yes
Salade														
<i>Tuna niçoise</i>				Yes	Yes				Yes			Yes		Yes
Grill														
<i>Côte de boeuf</i>	Yes			Yes			Yes							Yes
<i>Breton chicken</i>	Yes						M							M
<i>10oz rib eye</i>	M						M							M
<i>6oz fillet</i>	M						M							M



02/08/21

GLUTEN-FREE MENU – PART 2

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Plat principal														
<i>Sea bass en papillote</i>					Yes			Yes						Yes
<i>Confit pork belly</i>	Yes						Yes							Yes
<i>Magret de canard</i>	Yes	M					Yes		M	Pistachio M*				Yes
<i>Aubergine à la ratatouille</i>	M								M			Yes		
<i>Beef cheek Bourguignon</i>	Yes						Yes			M				Yes
<i>Monkfish à la piperade</i>					Yes		M			M				Yes
Plats rapides														
<i>Steak frites</i>	M						Yes							M
<i>Celeriac steak frites</i>	Yes						M							Yes
<i>Poulet grille</i>	Yes						Yes							Yes
<i>Moules frites</i>	M						Yes	Yes						Yes
Sauces														
<i>Garlic butter</i>							Yes							
<i>Roquefort butter</i>							Yes							
<i>Bearnaise</i>				Yes			Yes							Yes
<i>Peppercorn sauce</i>	Yes						Yes							Yes
<i>Wild mushroom sauce</i>							Yes							Yes



02/08/21

GLUTEN-FREE MENU – PART 3

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Sides														
Frites	M						M							M
Green salad									Yes					Yes
Tomato salad														Yes
Petit pois										M		M		Yes
Crispy confit potatoes				Yes					Yes					Yes
Pommes Boulangère	Yes													Yes
Creamed spinach	Yes						Yes							
Green beans almondine	Yes						Yes			Almond				
Desserts														
Crème caramel				Yes			Yes							
Mess aux fruits rouges				Yes			Yes							
Cheese				Yes			Yes			Walnuts				Yes
Macarons au chocolat	M			M			M		M	Almond	M		Yes	
Vegan sorbet (no wafer)							M			M				
Ice creams (no wafer)				Yes			Yes			M			Yes*	
Vegan vanilla ice cream (no wafer)				M			M			M	M		Yes	
Chocolate mousse				Yes			Yes						Yes	



02/08/21

Gluten-free ice cream: Yes*: refer to chocolate ice cream only

GLUTEN-FREE BREAKFAST

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Côte Breakfasts														
Full breakfast with GF toast				Yes			Yes (scrambled eggs)							Yes
Breakfast rosti				Yes (if added)					M					Yes
Avocado breakfast				Yes										Yes
Salmon & Eggs				Yes	Yes		Yes							
Breakfast raclette	Yes			Yes			Yes							Yes
Extras														
Sliced avocado														
Wilted spinach with garlic														
Confit tomatoes														
Grilled field mushrooms														
Grilled back bacon														
Potato rosti														Yes



02/08/21

MENU ENFANTS

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Starters														
Petit vegetable plate														
Petit calamari		Wheat		Yes	(Fryer)		(Fryer)	Yes						Yes
Petit French Onion Soup	Yes	Wheat					Yes			M		M		
Petit vegan French onion soup	Yes	Wheat								M		M		
Mains														
Petit Poulet Breton	Yes						M							M
Petit Haddock goujons	M	Wheat		Yes	Yes		Yes	(Fryer)						M
Petit croque Monsieur	M	Wheat, Oats					Yes						Yes	M
Petit Penne with Provençale sauce	Yes													Yes
Petit meat burger (with frites)	M	Wheat		Yes										M
Petit veggie burger (with frites)	M	Wheat		Yes			Yes							M
Desserts														
Petit ice-cream (with wafer)		Wheat, barley		Yes			Yes			M			Yes	
Petit chocolate fondant		Wheat		Yes		M	Yes			M			Yes	
Petit French yoghurt							Yes							



02/08/21

PRIX FIXE

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Starters														
Tomates Breton		Wheat								M		M		Yes
Whitebait		(Fryer)		Yes	Yes		Yes	(Fryer)						
Pork terrine		Wheat		Yes			Yes		Yes	M		M		Yes
Soupe au pistou	Yes	Wheat								M		M		
Mains														
Celeriac steak frites	Yes						M							Yes
Seabass fillet					Yes									
Poulet grillé	Yes						Yes							Yes
Steak frites / 8oz rib-eye	M						Yes							M
Desserts														
Chocolate mousse				Yes			Yes						Yes	
Mess aux fruits rouges				Yes			Yes							
Tarte au citron		Wheat		Yes			Yes			M			M	
Ice creams & sorbets (with wafer)		Wheat, barley		Yes			Yes			M			Yes	
Vegan sorbet (no wafer)							M			M				
Vegan vanilla ice cream				M			M			M	M		Yes	



02/08/21

GLUTEN-FREE PRIX FIXE

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Starters														
Tomates Breton				Yes										Yes
Pork terrine	Yes			Yes			Yes		Yes					Yes
Soupe au pistou	Yes			Yes										
Mains														
Celeriac steak frites	Yes						M							Yes
Seabass fillet					Yes									
Poulet grillé	Yes						Yes							Yes
Steak frites / 8oz rib-eye	M						Yes							M
Desserts														
Chocolate mousse				Yes			Yes						Yes	
Mess aux fruits rouges				Yes			Yes							
Ice creams & sorbets (no wafer)				Yes			Yes			M			Yes*	
Vegan sorbet (no wafer)							M			M				
Vegan vanilla ice cream (no wafer)				M			M			M	M		Yes	

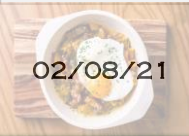


02/08/21

Gluten-free ice cream: Yes*: refer to chocolate ice cream only

BAR – PART 1

Menu item	Celery and Celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Aperitifs														
<i>Kir & Kir Royale, Mimosa</i>														Yes
<i>Noilly Prat</i>														Yes
<i>Pernod, Ricard</i>														
Cocktails														
<i>Bloody Mary</i>	Yes	Barley M (Wheat)							Yes			M	M	Yes
<i>Espresso Martini</i>														
<i>French 75</i>														Yes
<i>Negroni</i>														Yes
<i>Sidecar</i>														
<i>Old Fashioned</i>														
<i>Thé de Cassis</i>														
<i>Fleur de Sureau</i>														
Soft drinks														
<i>Fresh orange & cloudy apple</i>														
<i>Cranberry juice</i>														
<i>Pomegranate juice</i>														
<i>Tomato juice</i>														Yes
<i>Virgin Mary</i>	Yes	Barley			Yes									Yes
Homemade juices														
<i>Orange, carrot and ginger</i>														
<i>Spinach, apple and mint</i>														



BAR – PART 2

Menu item	Egg	Milk	Sulphur Dioxide
Sparkling wines and Champagne			
<i>Veuve Ambal</i>			Yes
<i>Gobillard</i>			Yes
<i>Laurent-Perrier La Cuvée</i>			Yes
<i>Laurent-Perrier Vintage</i>			Yes
<i>Laurent-Perrier Cuveé Rosé</i>			Yes
<i>Laurent-Perrier Grand Siècle</i>			Yes
Dessert wines and ports			
<i>Domaine de Barroubio</i>			Yes
<i>Monbazillac La Sabatière</i>			Yes
<i>Quinta do Crasto</i>			
<i>Taylor's</i>			
Rosé wine			
<i>Comte de Provence</i>			Yes
<i>NV Sancerre</i>			Yes
<i>Anciens Temps Rosé</i>			Yes
<i>Château Lèoube</i>			Yes

Menu item	Egg	Milk	Sulphur Dioxide
Red wine			
<i>Pinot Noir Les Mougeottes</i>			Yes
<i>Anciens Temps Rouge</i>			Yes
<i>Fleurie La Bonne Dame</i>			Yes
<i>Merlot Chemin de Marquières</i>			Yes
<i>Côte du Rhône Villages</i>			Yes
<i>Bordeaux Lucien Lurton</i>			Yes
<i>Côte de Beaune</i>			Yes
<i>Saint-Chinian</i>			Yes
<i>Malbec Georges Vigouroux</i>			Yes
<i>Château Haut-Pezat</i>			Yes
<i>Château de Treviac</i>			Yes
<i>Châteauneuf-Du-Pape</i>			Yes
<i>Chateau Des Gravières</i>			Yes
<i>Gevrey Chambertin</i>			Yes
<i>Côte Rôtie</i>			Yes

Menu item	Egg	Milk	Sulphur Dioxide
White wine			
<i>Château du Poyet</i>			Yes
<i>Cave de Sancerre</i>			Yes
<i>Anciens Temps Blanc</i>			Yes
<i>Sauvignon Blanc Longue Roche</i>			Yes
<i>Saint-Véran</i>			Yes
<i>Picpoul de Pinet</i>			Yes
<i>Chablis Olivier Tricon</i>			Yes
<i>Château Sainte-Marie</i>			Yes
<i>Chablis Premier Cru</i>			Yes
<i>Château Lamothe-Bouscaut</i>			Yes
<i>Chardonnay Maison L'Aiglon</i>			Yes
<i>Trimbach</i>			Yes
<i>Chassagne Montrachet</i>			Yes

For allergen information on our spirits and liqueurs, please enquire with your waiter before placing your order and they can show you the bottle.

Please note that the same equipment is used for dairy and soya milks, therefore traces of each may be found in drinks containing steamed milk



02/08/21